

**FREE  
WORKSHOP  
FOR**

**BERGEN  
COUNTY  
RESIDENTS**



## **Bergen's Promise presents a one-hour training on the Nurtured Heart Approach**

### **Why Do Parents, Educators, Neighbors, Friends, and Social Service Workers Need The Nurtured Heart Approach?**

- It can improve many, if not all, relationships
- Decreases the need for harsh discipline
- Addresses Acting Out Behaviors in any environment
- Increases one's understanding of their own "Inner Wealth"
- Can improve family dynamics
- Builds a healthier social emotional skill set

**LIVE Virtual Training on Tuesday evening  
6:30pm - 7:30pm**

**Training Date:** 5/11/21

\*Please note that due to copyright requirements, trainings will **not** be recorded or made available after the above date.

**Register for this NHA Training:**

[Click Here](#)

**After registering you will receive a confirmation email containing information about joining the training.**